

## Short-Term CIDR Treatment Improves Fertility and Prolificacy of Ewes After Natural Mating

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### Abstract:

This study evaluated the effect of a short-term CIDR + PMSG protocol on ewe fertility following natural mating. The treatment group showed increased litter size, higher total lamb production, and improved synchronization. These findings demonstrate the effectiveness of CIDR-based protocols in enhancing reproductive performance.

### Introduction

Greece ranks third among European Union countries in sheep population, with approximately 9 million animals (Eurostat, 2020). Reproductive efficiency is a key factor in sheep production systems. Estrus synchronization using controlled internal drug release (CIDR) devices is widely applied to improve reproductive performance and flock management

### Objective

This study aimed to evaluate the impact of a short-term CIDR + PMSG protocol on fertility and reproductive performance in ewes following natural mating.

### Materials and Methods

- **Animals:** 100 crossbred ewes (Lacaune × Assaf × Lesvos)
- **Age:** 4 years
- **Body Condition Score:** 4.0
- **Experimental Design:**

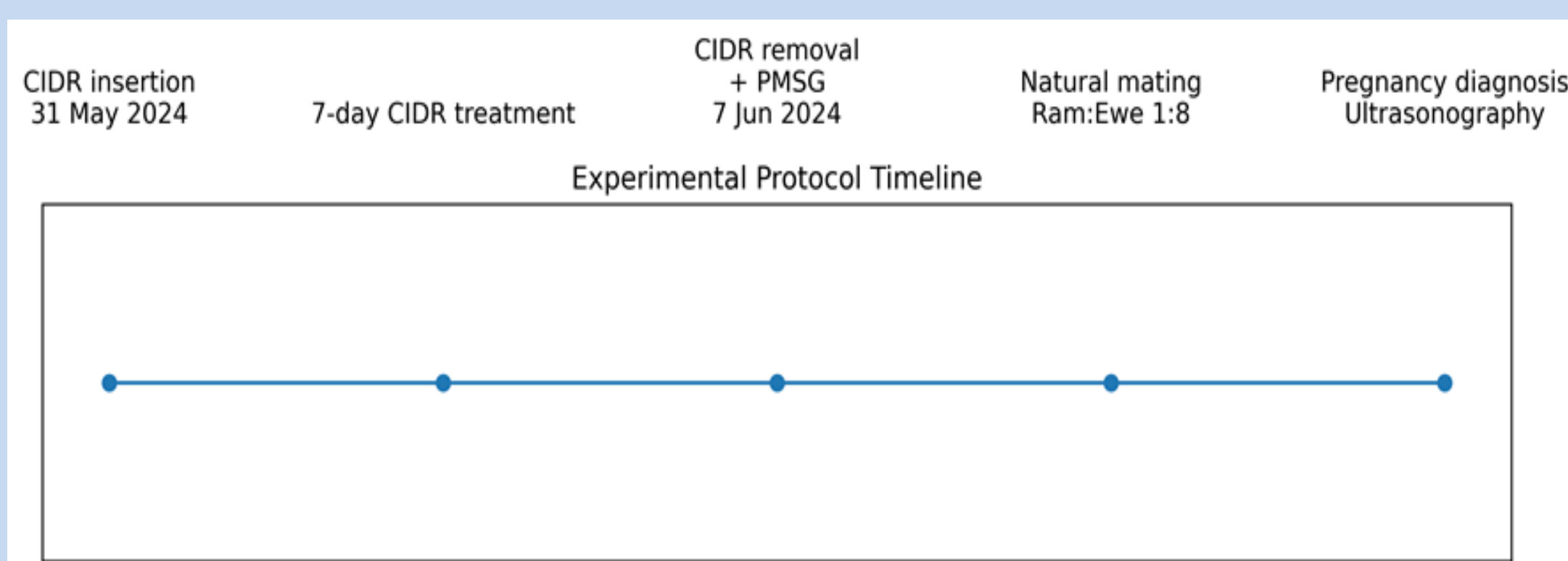
CIDR + PMSG  
(n=50)

Control  
(n=50)

Natural Mating

Fertility Outcomes  
(Prolificacy, Lambing)

- Animals were maintained under identical feeding and environmental conditions



### Results and Discussion

The CIDR + PMSG protocol resulted in improved reproductive performance compared to natural estrus. Ewes in the treatment group exhibited a higher litter size (**2.64 vs 2.42**), increased total lamb production (129 vs 119), and a more synchronized and shorter lambing period (**Table 1**).

**Table 1.** Reproductive performance of ewes

Parameter	Control Group (n=50)	Treatment Group (n=50)
BCS (mean)	4.0	4.0
Pregnancy rate (%)	100%	100%
Lambing rate (%)	100%	100%
Average number of lambs per lambing	2.42 ± 0.50	2.64 ± 0.49
Total number of lambs	119	129
Start of lambing	31/10/2024	01/11/2024
End of lambing	21/11/2024	24/11/2024
Duration of lambing period (days)	24	22
Days to lambing	168	165
Lambing complications	No	No

Overall, the protocol increased prolificacy by approximately 9%, highlighting its practical value in sheep production systems.

### Conclusions

The CIDR + PMSG protocol significantly enhances reproductive performance and prolificacy in ewes, without negatively affecting animal health.

It represents an effective and practical tool for improving productivity in commercial sheep farming systems.

### Implications

- Suitable for commercial sheep farming systems
- Supports improved reproductive efficiency and planning
- Contributes to increased economic returns

### Future Research

- Evaluation across different breeds and age groups
- Application in larger commercial flocks
- Cost-effectiveness comparison with alternative protocols
- Long-term monitoring of offspring performance

Average Litter Size per Ewe

